



Support Development Associates

Building Community Connections

A one-day interactive training; designed to help participants practice the skills of person centered thinking as a means to support the development of connections and membership in one's home community.

It is preferable and helpful for participants to have already had the 2-day "Person Centered Thinking" training, though not required.

Activities of the day include:

- Learning about where each of us is connected in our own communities; such as church, civic organizations, our children's relationships (school, friends), places we shop regularly; places where we are "regulars" (e.g., dry cleaners, coffee shop);
- Practicing in small groups the skill of getting to know someone, using a facilitated and structured set of questions to identify what others like and admire; what is important to the person and what is important for the person;
- Using the information gathered to identify specific interests the person has and brainstorming all the places that person might connect in their own community
- Practicing action planning around how the person might begin to explore several of the options considered;
- Learning about the concepts and differences between of "being present", "participating" and actually being "connected";
- Practicing the use of additional person centered thinking tools to better understand how can we capture and record our learning; and if the actions we are taking are working for the person

For more information or to schedule this training contact:

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