

Donut

For: Rae

Contributors: Mom, Dad, and Denine

Core Responsibilities	Areas to use judgment or creativity	Beyond the scope of our responsibility
<p>Support Person</p> <ul style="list-style-type: none"> • Monitor diabetes – have the knowledge, skills, and abilities to recognize and respond accordingly to low and high blood sugar levels. • Have appropriate foods available – emergency snacks (juice and candy for low blood sugar; and protein for high blood sugar). • Healthy meal options • Monitor exercise • Money mgmt to provide Rae with information and support to live within her means. And that her financial choices today impact her life tomorrow 	<ul style="list-style-type: none"> • Small creativity based on diabetic food exchanges and educating her on suggestions and guidance • Coffee shop – ideas to space out her visits, perhaps a job at the coffee shop or volunteering, opportunities for connection, increase the potential for making friends • Cats/animals – especially Lola • Exercise options 	<ul style="list-style-type: none"> • Making friends • Deciding how she spending her money

Reference: Handy, Charles (1994). The Age of Paradox.

© The Learning Community for Person Centered Practices

© Support Development Associates