

4+1 Questions

For: Rae

Contributors: Mom, Dad, and Denine

1. What have we tried?	2. What have we learned?	3. What are we pleased about?	4. What are we concerned about?	Plus: What should we try/do next based on what we have learned?
Rae choosing what to eat.	She is not picky, so she sometimes makes inappropriate choices.	She is not picky, so she is ok eating the healthy choices, when she learns this is what is best for her.	If she is alone, her food choices are not always what is important for her health, based on her diabetes.	Make picture based graphics and try different ways to teach her the healthy food choices so she can see what is important for her health.
Rae chooses when she would like to have coffee.	She enjoys freshly ground coffee and socializing at the coffee shop.	She is socializing and has a wonderful appreciation for her coffee community friends.	Freshly ground coffee can be expensive. She cannot afford to go as often as she would like.	Come up with options with Rae for how to space out her time at the coffee shop and other options to try in between.
Rae chooses how to spend time with pets.	Rae loves cats.	Lola is one of her best friends. She is loving and caring towards Lola.	Rae doesn't realize the cost of food, shots, etc – so she would house a bunch of cats if she was permitted.	Teaching her the responsibilities of caring for an animal, and that it goes beyond just petting and loving it.